I. IHOT Expansion Program

James Wagner, LMFT/LPCC, Deputy Director, Behavioral Health Care Services and Jennifer Mullane, MS, LPCC, Assistant Director, Adult/Older Adult System of Care, Behavioral Health Care Services presented a PowerPoint presentation on the proposed IHOT Expansion Program.

The In-Home Outreach Team (IHOT) was launched July 1, 2016, as a pilot for individuals not voluntarily engaging in services. IHOT was designed to provide intensive outreach and engagement, mental health screening, in-home intervention, family education, support and linkage to treatment.

In the first nine months of implementation of IHOT:

- 149 unique consumers referred to IHOT
- 139 were connected for a 93% engagement rate.
- Significantly fewer crisis events during IHOT enrollment.
- Each team served 21 - 47 consumers.
- An average wait for referrals was 8 days.
- A 9-month interim evaluation has been completed.
- A 12-month retrospective evaluation is underway and due to BHCS by Sept. 30, 2017.

The Behavioral Health Care Services Agency requests the Health Committee’s support to add one Peer staff member to each of three Adult IHOT’s and additionally increase the allocation by $201,345 to add one additional peer at a cost of $67,115 each.

Purpose:

☐ Report progress
☐ Advocacy or Education
☒ Request Health Committee Recommendation or Position
☐ Other:

Recommendation from Health Committee: The Health Care Services Agency will provide information on which of their programs use peer engagement. Support. Move to the full Board of Supervisors.

II. West Oakland Health Council Funding Update

Rebecca Gebhart, Interim Director, Health Care Services Agency and James Wagner, LMFT/LPCC, Deputy Director, Behavioral Health Care Services presented a PowerPoint presentation on the West Oakland Health Council funding.
There is a growing need for substance use disorder (SUD) services among West Oakland residents, particularly in the African American community with opioid and pain medications on the rise. The West Oakland Health Council in collaboration with the Behavioral Health Care Services Agency and other partners have developed an innovative program that seeks to address this issue.

In April 2016, a new leadership team started at West Oakland Health Council, focused on strengthening the organization for the future. There has been an increase in patient visits from 1,500 to over 3,000 per month, with a 10% increase in unique patient count from 8,200 to 9,005 in one year.

The program will use $700,000 in seed funding to pilot behavioral health & substance use treatment integrated with West Oakland Health Council’s existing Federally Qualified Health Center (FQHC) primary care services with County technical assistance and support to assist the Council in designing and building a program to integrate into primary care and serve more clients.

Lemny Perez, Psy.D. Behavioral Health Director, West Oakland Health Council, presented a PowerPoint presentation on the West Oakland Health Council’s new program.

The proposed new innovative program that has been developed at the West Oakland Health Council will treat Substance Use Disorder (SUD), which usually comes with health and mental health issues. Integration into primary care and behavioral health is the most successful approach and also evidence-based. By embracing the whole person, and treating the co-existing conditions holistically, patients will heal. It reflects a cultural shift: Training and Practicing with front-line and clinical staff.

The program will include internal outreach with all patients assessed and if appropriate, referred to the program with a Care Coordinator (aka Case Manager) and linkages to wraparound support; housing, food, benefits. Licensed professionals will gauge severity and recommend a treatment course.

External outreach will include Care Coordinators reaching out to homeless encampments, churches, and neighboring nonprofit organizations, to establish relationships and trust and begin referrals to the West Oakland Health Council for appropriate services.

Services will include individual therapy, SUD group therapy, mindfulness-based stress reduction groups, acupuncture, trauma-informed somatic therapies (dance, music, and massage), yoga and drumming.

The final draft of the proposal was submitted the Health Care Services Agency on September 8th with a potential launch in October.

The Behavioral Health Care Services and West Oakland Health Council request the Health Committee’s support to move this item to the full Board of Supervisors for approval.

Purpose:
☐ Report progress
☐ Advocacy or Education
☒ Request Health Committee Recommendation or Position
☐ Other:

Recommendation from the Health Committee: Support. Move to the full Board of Supervisors.

PUBLIC COMMENT
None.

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